

SHS SPEECH TEAM

For 2018-19

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As an IHSA activity Speech Team members are subject to an Activity Fee of \$80. If you are involved in multiple activities or sports there is a maximum cap of \$240.

You must register with 8to18.com. To register, please go to the following website:

https://sterling.8to18.com/registration/activity_step

When you arrive here, click the registration tab. If you already have an account, just put in email and password. If you do not have an account, please create one. This process has nothing to do with Skyward. Next you will need to click on Begin Registration. It will prompt you through the process.

Students must maintain Academic Eligibility as outlined in the Student Handbook.

Events: Maximum of two events. Try to choose your events and pieces soon. Novice (*first year*) by October 5 (*so you are ready for your first meet on November 17th*) and Varsity by October 19 (*for your first meet December on 1st*).

Practices and Meets: To compete at a tournament you must practice with a coach *at least* once the week of the meet for each event you are in. Practices are broken into 30-minute time slots. To sign up you will find slots on the whiteboard as you enter backstage. The number of slots corresponds to the number of coaches that are available for that time. Slots are usually created for the week each Monday. Never erase someone's name to enter your own. If you find you cannot make a practice you've signed up for please erase your own name so someone else can sign up. Don't sign up for more than 2 slots so others have a chance. You can also practice with your teammates. If there is a meet you cannot attend let us know as soon as possible. Some tournaments may be limit the number of entries we can bring per event, usually 3-4.

Speech attire: We dress nicely. Most competitors wear suits and ties or nice casual. No jeans or t-shirts.

Tournament Days: Generally a long day. We are usually on the bus by 6:00 am and get back after 5:00pm. During the meets you normally compete in 2 preliminary rounds. The top 6 qualify for Finals. Some meets offer both a Varsity and a Novice final. There is an award ceremony and then we go home. During the day there are concessions available offering beverages, snacks, and food. Pizza and hot dogs are common items. You can also bring things with you. Keep yourselves fed and hydrated. Stay healthy!

The Speech Team is required to work the concession stand for two regular sessions or one long session. It's one of the ways Speech gets paid for. Date and sign up to be announced later.

Balance your time between home, school, other activities, sports and Speech.